

Rolling Substitutions & Position Changes

Quick Reference Guide

| 1. SUBSTITUTIONS | |
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| Rule | Sanction |
| (c) Only one (1) rolling substitution can be made per team at a time. There is no time limit between substitutions | Free Pass is awarded to the non-infringing team where the players incorrectly entered/left the court, and the infringing player must leave the court and cannot enter the playing area until after a goal is scored or the next interval. |
| (e) Neither Centre player may be involved in a substitution between the scoring of a goal and the taking of the next centre pass. | Penalty Pass inside the centre circle by any player of the non-infringing team (the infringing centre player to stand out of play). |
| (g) The player being substituted must leave the playing area and swap patches with the rolling substitute off-court before the rolling substitute can enter the playing area. | Free Pass is awarded to the non-infringing team where the player incorrectly entered the court, and the infringing player must leave the court and cannot enter the playing area until after a goal is scored or the next interval |
| (h) The rolling substitute must enter the playing area without undue delay and without affecting the flow of play. | Penalty Pass awarded which shall be advanced one third from where the infringement occurred. |
| (j) Players must not interfere with the umpire's movement during the substitution | Free Pass on court near where the umpire was interfered with |
| 2. POSITION CHANGES | |
| Rule | Sanction |
| (d) Neither Centre player may be involved in a position change between the scoring of a goal and the taking of the next centre pass | Penalty Pass inside the centre circle by any player of the non-infringing team (the infringing centre player to stand out of play) |
| (f) The players involved in a position change must not take part in play until all playing patches are properly in place | Penalty Pass where the infringement occurred. |